



AMERICAN INSTITUTE
OF SAFETY PROFESSIONALS

● CERTIFIED COURSE



COURSE CODE • 6121

CERTIFIED FIRST AID TRAINER

CFAT

Teach first aid, CPR and AED skills that people can perform under pressure.

11

Modules in one program

40

Minimum contact
hours

70%

Pass mark, final online
exam

3 yrs

Credential renewal cycle

COURSE OVERVIEW

A specialist trainer certification that develops the ability to teach first aid and CPR: instructional methods, manikin and AED training, scenario design, competency assessment and course administration.

You will learn to instruct CPR through demonstration, guided practice and feedback on compression quality; teach AED use while reducing learner anxiety; and cover choking, bleeding, wound, burn, fracture and medical emergency instruction, explaining physiological concepts in an accessible way.

The course also covers designing scenario-based exercises that test decision-making, assessing competency against clear pass/fail criteria, managing courses, equipment and records, manikin hygiene, legal considerations and maintaining your own competency. Practical teaching with manikins is recommended alongside the course.

CORE COMPETENCIES



Teach CPR

Demonstration, practice and compression feedback



Cover first aid

Choking, bleeding, wounds and emergencies



Assess competency

Pass/fail criteria for practical skills



Teach AED use

Building confidence and integrating with CPR



Design scenarios

Exercises that test decision-making



Manage courses

Scheduling, equipment, manikins and records

WHO IT'S FOR

Safety professionals

HR training coordinators

Occupational health nurses

Community educators

Volunteer trainers

Ideal for professionals who want to teach first aid and CPR. A Basic Life Support and First Aid or Basic First Aid and CPR course is recommended first.

AT A GLANCE

11

Modules

40

Contact hours

70%

Pass mark

3-year

Renewal

PROGRAM OUTCOMES

Builds

confident first responders

Improves

skill retention

Ensures

consistent assessment

Strengthens

workplace preparedness



WHAT YOU'LL LEARN

On successful completion, participants gain the instructional, assessment and course management skills to deliver first aid and CPR training.

11

Modules

4

Learning tracks

40

Minimum contact hours

MODULE TITLE

**STANDARDS & LEGAL**

TRACK 01

01 First Aid Training Standards

02 Legal Considerations

**SKILLS INSTRUCTION**

TRACK 02

03 CPR Instruction

04 AED Instruction

05 Choking Instruction

06 Wound and Bleeding Instruction

**SCENARIOS & ASSESSMENT**

TRACK 03

07 Scenario-Based Training

08 Competency Assessment

**COURSE MANAGEMENT**

TRACK 04

09 Course Management

10 Manikin Management

11 Maintaining Competency

INSTRUCTIONAL DESIGN

Structured eLearning with clear explanations, visual illustrations and scenario-based examples, supported by official reference books you keep after completion.



Online eLearning

Delivered through the AISP Student Dashboard (LMS)



40 Hours

Contact hours



Self-Paced

Study at your own pace with official reference books, downloadable from the Student Dashboard and yours to keep



Lifetime Access

Your course materials remain available in your Student Dashboard after completion

 **Language:** All course materials, reference books and examinations are delivered in English, Spanish, German and Arabic. Reference books are provided as downloadable PDFs.

FINAL EXAMINATION

1

Score 70% or higher

Complete a timed, open-reference online examination taken through the Student Dashboard, drawn from a structured question bank.

2

Retake if needed

If you do not pass first time, further attempts are available. A short review period applies between attempts so you can revisit the course material.

3

Earn your certificate

A passing score confirms your eligibility for the Certificate of Completion. Once passed, the exam cannot be retaken to improve the score.

3

YEARS

CREDENTIAL RENEWAL

Complete a refresher course and examination every three years to keep your certification active. Renewal fees are listed on the course page.



WHAT YOU RECEIVE

Sample documents shown ·
personal details redacted



Certificate of Completion

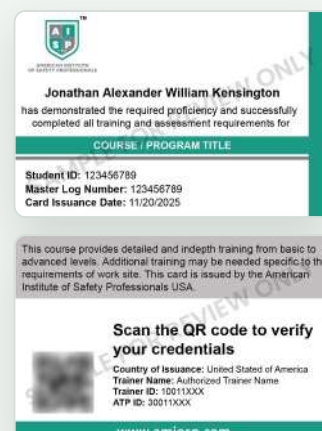
Issued as a digital certificate (PDF) with QR verification. If you select the Hardbound Certificate, a printed copy is also posted to you.



INCLUDED with every
Certificate of Completion

Official Student Transcript

Records your course, training hours and result.



Wallet Card

Portable proof of your credential on site, verifiable by QR code.

All three are issued by American Institute of Safety Professionals LLC, USA and can be verified by any employer at amiosp.com/student-verifications

COURSE FEES

Two certificate options

Digital Certificate

Issued as a PDF, with QR verification

Refer to website for prices →

Hardbound Certificate

Printed and posted to you, and includes the digital certificate

Refer to website for prices →

Shipping and handling for the hardbound option is not included in the course fee. It is calculated according to the delivery address and invoiced separately once the certificate is ready to dispatch.

Payment assistance
accounts@amiosp.com

THE AISP ADVANTAGE WHY CHOOSE US?



Employer-verifiable worldwide

Every credential carries a unique Master Log Number and QR code, verifiable online by any employer



Fast-track online learning

Tailored for busy professionals



Industry-relevant content

Aligned with current safety standards



Expert-developed curriculum

Written by instructors with hands-on field experience



Trusted by employers

Used by safety professionals across industries internationally

YOUR CAREER IN NUMBERS

This certification builds professional-level safety expertise. The figures below show United States earnings for occupational health and safety specialists, the role this training supports. They are published labor market data, not an indication of earnings following this certification.

\$93,860

Mean annual wage

\$90,150

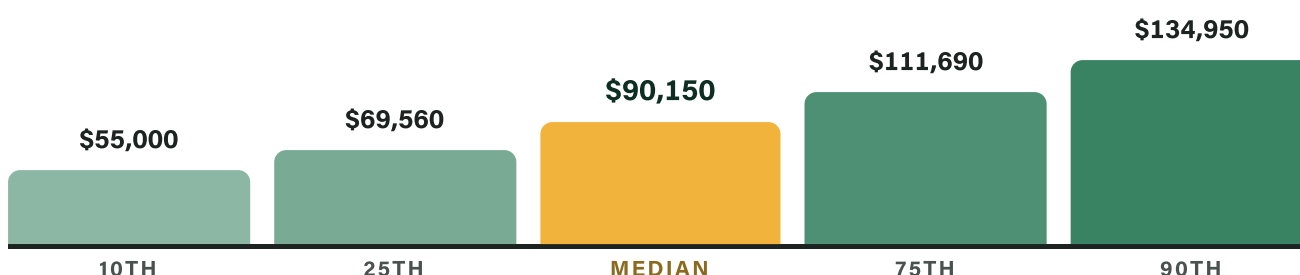
Median annual wage

140,610

Employed nationwide



ANNUAL WAGE RANGE



INDUSTRIES WITH THE MOST JOBS

Local government	9,560
Management & technical consulting	8,400
Federal government	7,410
Nonresidential building construction	7,050
State government	6,490



PAY BY SECTOR

Manufacturing	\$95,270
Construction	\$95,860
Government	\$90,530
Professional & technical services	\$94,940



TOP-PAYING INDUSTRIES

Oil and gas extraction	\$120,700
Scientific R&D services	\$118,800
Aerospace products mfg.	\$118,560
Electric power generation & distribution	\$117,990
Chemical manufacturing*	\$106,400

* Chemical manufacturing: NAICS 3251, 3252, 3253 and 3259 only.

Source: U.S. Bureau of Labor Statistics, Occupational Employment and Wage Statistics, May 2025 (SOC 19-5011). United States only; excludes self-employed workers. Earnings vary by experience, location and employer; no salary is guaranteed.

FREQUENTLY ASKED QUESTIONS

Quick answers about the program, the final exam and your certification.



STILL HAVE QUESTIONS?

GENERAL
info@amiosp.com

PAYMENTS
accounts@amiosp.com

CALL
+1 (689) 286-3561



ABOUT THE PROGRAM

Q01

Who is this program for?

Safety professionals, HR training coordinators, occupational health nurses, community educators and volunteer trainers who want to teach first aid and CPR.

Q02

How is the course delivered?

Online through the AISP Student Dashboard (LMS), with official reference books to download and keep, and lifetime access to your course materials.

Q03

How long does it take?

A minimum of 40 contact hours. The course is self-paced, and most learners finish within one month.



EXAM & RESULTS

Q04

What score do I need to pass?

A minimum of 70% on a timed, open-reference online examination taken through the Student Dashboard.

Q05

When will I receive my results?

Immediately, by email to your registered address.

Q06

What if I don't pass first time?

Further attempts are available. A short review period applies between attempts so you can revisit the course material.



CERTIFICATION & FEES

Q07

What do I receive?

A Certificate of Completion, an official Student Transcript and a wallet card, all with QR verification. The Hardbound Certificate includes a printed copy posted to you in addition to the digital certificate.

Q08

Does the certification expire?

Renew every three years with a refresher course and exam.

Q09

How much does it cost?

Prices for the Digital and Hardbound Certificate are on the [program page](#). Hardbound shipping is calculated by delivery address and invoiced separately.



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ENROLL TODAY

READY TO BEGIN?

Advance your career with confidence. Enroll in the Certified First Aid Trainer course and become a leader in first aid education.

ENROLL AT [AMIOSP.COM](https://www.amiosp.com) →

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